

Pregnancy and Glutathione
Dr. Corinne Allen

In the research on glutathione it **is in fact recommended in pregnancy**. Glutathione is produced by the liver and is an amino acid. It is the most important nutrient in every cell. With every 1 in 166 child having autism now I feel that something as safe and protective as maxgxl to help the body detoxify every foreign chemical, carcinogen and harmful metabolite is very important to the body and especially in pregnancy.

I wished it was available to me when I had children. Glutathione helps us detoxify chemicals into less toxic forms. There are so many birth defects and problems in the neurological systems that kids have today I can't think of a better way to protect them right inside the mother's womb with a safe detoxifier for mother and baby.

They say not to use it on babies, but I have a very sick baby on it who is 5 months old and weights 7 lbs, less than her birth weight. She hadn't pooped in 15 days. The doctors had no answer and said it was NORMAL. The parents were beside themselves. With 2 doses on the tip of a wet finger dipped in MaxGXL on the roof of the babies mouth, she had 2 bowel movements!! Within a week her weight started coming back up and her whole personality and development changed within the month.

The reason the box also says not to use in children and pregnancy is because Dr Keller hasn't personally done all the studies with THIS glutathione. His focus was adults. But research says it is safe.

It also works like folic acid to prevent birth defects. Glutathione is the body's master antioxidant. It protects both mother and fetus from damaging effects of free radicals and oxidative stress.

Many pregnancy complications and birth defects have been linked to oxidative stress, free radical damage and low glutathione levels in the mother and baby. Glutathione is, in fact, the most important prenatal supplement that moms can take. Remember there is no toxicity so even taking high doses will only serve to protect the baby. When the mom is low in energy you know it is time to take more glutathione because the ATP in the cells are not making enough energy. They need more fuel.

In the placenta, glutathione detoxifies pollutants before they reach the developing child. Most substances or factors which cause birth defects (teratogens) are known to exert their embryo toxic effects because they cause oxidative stress.

The human placenta possesses a significant amount of glutathione s-transferase (GST) capable of detoxification or activation of drugs and pharmaceuticals during the critical period of organ development in the fetus.

Currently the American College of Obstetrics and Gynecology advises all pregnant women to take prenatal vitamin containing antioxidants.

Dr. Allen
naturdr@gmail.com